



Iceland From north to south

Alone, without assistance

Presentation

The explorer

John Tasa is an automotive entrepreneur, handball player and seasoned athlete when, in 2012, he decided to change his life and reconnect with nature in a quest to surpass himself. He follows his passion, becomes a scuba diving instructor and realizes his first adventures. Crossing Iceland will be his biggest challenge for which he is preparing alongside renowned explorers like Alban Michon.

2012

Survival course Panama Jungle 2020

Kayaking and canyoning
Along Herault river
3 days / 150Km

2021

Kayaking and canyoning Along Ardèche River 3 days / 150 Km













2017

Exploration in Kirghizistan 8 days/ 130 Km 2020

GR20 independently 5 days / 185 Km 12000m D+ Feb. 2022 Crossing Iceland

From north to south

By foot

14 days / 400 Km



The itinerary

400km from North to South through wild and preserved nature, hostile weather conditions with temperatures close to -30 ° supported by strong winds. A walk off the marked paths in the heart of unexplored territory. This is what awaits John on his journey. Iceland, land of ice and fire, is full of natural treasures. Volcano, glaciers, geysers, waterfalls and northern lights will give us an extraordinary visual and emotional experience.





« Rêves » Association

concerned about long-term hospitalizations problematic and the impact that this ordeal represents, more particularly when it affects children, I wanted to share my adventure into the wild white with

those affected through the Association



Rêves is a national non-profit association recognized as being of public utility. Since its creation in 1994, its mission has been to fulfill the dreams of ill children and adolescents.

To offer them an enchanted break to forget the illness, that is the objective of the association. More than anything, sick children need to dream about projects that stimulate them and give them the strength to fight against illness. By making their Dreams come true, the association allows them to escape from everyday life, helps them regain confidence in the future.

- 800 volunteers in all the county
- 300 Dreams fulfilled a year
- 6200 children's who were able to make a dream come true

Before expedition

National Video conférence for childrens broadcast in hospitals

- Expedition presentation
- Q & A session
- Connect with childrens



During expedition

Daily report

- Q & A session
- GPS location in reel time
- Broadcast live with hospital
- Sharing pictures
- Blog
- Fundraising

After expedition

Sharing experience

- National video conference
- Visiting children in hospital
- Documentary film projection



Logistic

To complete this journey of more than 400km, I will travel in total autonomy by stages of 30km / day. This requires taking all the necessary food and equipment with me for more than 14 days. My trip will be done mainly by cross-country ski with the equipment towed using a pulka *.



credit: Mathieu Tordeur



Movements





pulka



Cross-country ski

- Harness
- Pulling rope
- Walking poles
- Sealskin
- Repair kit
- Trolley



Bivouac





Tent Hilleberg Tarra

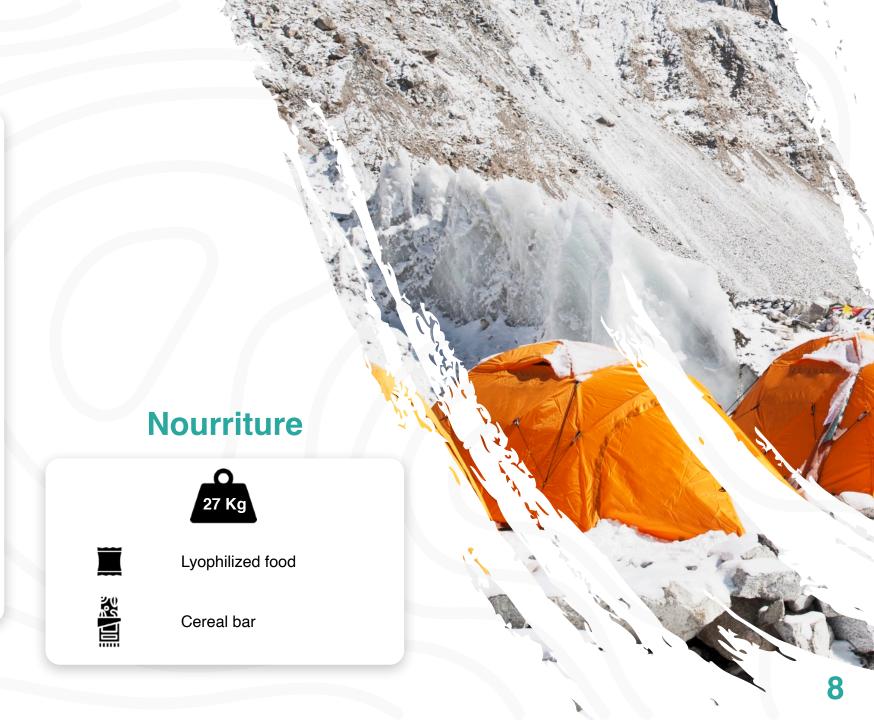


Igloo



Sleeping bag -40 T° confort

- Snow anchor
- Ice screw
- Mattress / under bag
- Sleeping bag liner
- Camping stove
- Repair kit
- Fuel
- Tableware kit









GPS Beacon



Satelit phone Crosscall phone



Weather station



Smartwatch



Compass



Solar charger



Technical outfit

Upper body

- Lagging underwear
- Fleece jacket
- Winter jacket
- Gortex jacket
- Polar parka

Feet

- Merinos socks
- Mountain boots
- Ski boots
- Hiking shoes
- Waterproof gaiter



Head

- Woolly hat
- Mask
- Chapka
- Ski glasses
- Sun glasses
- Cap

Hands

- Under-gloves
- Ski gloves
- Mittens

Legs

- Lagging short
- Lagging legging
- Gortex Trouser

My training

Polar environnement knowledge courses

- Frostbite
- Hypothermia
- Medicine chest
- Medical knowledge





- Technical training
- Adaptation to cold
- Bivouac



Crédit photo : Andy Parant

With Alban Michon



Itinerary / sens of direction

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- Equipment knowledge
- Communication system

Physical training

- Towing training
- Muscular reinforcement
- Cardio training





Communication



Tuiter Instag



Website

www.expeland.wixsite.com

Project presentation
Reel-time monitoring

Blog

Social Media

Facebook

Instagram

Press relation

Press Release

Radio / TV

Documentary film

The project will be the subject of a documentary, product by the VisionR Agency and Black Pepper Production.



Feature Film

TV broadcast 56 min

Documentary festivals and adventure films competition



360° Immersive experience

Immersive film for Virtual Reality



Making off







Why become a partner?

- Give visibility to your business
- Associate the values of this expedition with your business (solidarity, environment, go above an beyond)
- o Media coverage
- Follow an exceptional adventure and Help children achieve their dreams
- Tax deduction



Geyser Offer



Visibility of your company in the documentary film.



Your logo on the expedition equipment (M size)



10 royalty-free pictures



Special communication about your company on social media / website



Your logo on website and presentation file



Northern lights Offer



Visibility of your company in the documentary film.



Your logo on the training and expedition equipment (L size)



20 royalty-free pictures



Private conference with your team



Special communication about your company on social media / website



Your logo on website and presentation file



Volcano Offer



Visibility of your company in the documentary film.



Documentary projection preview showing



Your logo on the training and expedition equipment (XL size)



Preview showing conference



30 royalty-free pictures



Special communication about your company on social media / website



Your logo on website and presentation file





Planning

Oct. 2021

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- Physical training
- Logistic planning
- Medical training

IFREMMONT



January 2022

- Training course Explorer SchoolTignes
- Work for Rêve Association
- Technical training

March - April. 2022

- Experience sharing
- Conference / communication









- Logistique planning
- Physical training
- Communication
- Partner and sponsor search
- Budgeting



Expedition







Contact

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